**We’re About to Find Out if Kennedy Is Serious**

**Conservatives hated Michelle Obama’s food plan. Now they’re all in on MAHA.**

[*https://www.nytimes.com/2025/07/31/opinion/ultra-processed-food-rfk-health.html*](https://www.nytimes.com/2025/07/31/opinion/ultra-processed-food-rfk-health.html)

[“Processed and Ultraprocessed Foods”, “Dyes and Dyestuffs”, “Regulation and Deregulation of Industry”, “Kennedy, Robert F Jr”, “Health and Human Services Department”, “Diet and Nutrition”, “Labeling and Labels (Product)”, “Chronic Condition (Health)”, “United States Politics and Government”]

*Comment 0:*

It’s too bad Bobby Kennedy Jr. is not his dad.  Backing the most divisive president in modern history and creating more problems in addressing the health concerns of this nation, rather than working to solve problems, I think Kennedy is sadly lost, and he has pretty much destroyed the shine of the Kennedy name.

And by the way, have any of the FOX minions even sort of apologized to Michelle Obama for their misguided criticism?

I’m just glad Trump is a fine example of proper diet and exercise, and the wonderful effects it has on physical and mental health.

*Comment 1:*

Well yeah, it would best to eat healthy foods so we're ultra healthy when we forgo vaccination and take our turn getting Bird Flu (or whatever comes around) in the ongoing quest for natural herd immunity.

*Comment 2:*

Watch what they do, not what they say. They are rolling back EPA regulations, cutting funding for school lunches and SNAP, restricting access to healthcare for the poor, cutting NIH funding, and are in the process of rolling back vaccine requirements.  RFK, Makary and Oz are just making noise.  Trump and the GOP are not serious about any of this MAHA nonsense. It's a distraction.

*Comment 3:*

Having been a practicing hippie, I'm familiar with the health food movement.  The weirdo, ascientific stuff like raw sugar vs. white sugar has always attracted people from the extreme left and extreme right.  Flouridation has been a right wing issue since the 1950s.  Anti-vaxx can have a libertarian flavor.  The macrobiotic diet had mysticism cachet.  Both sides are often together on more sensible things like food additives.  The real problem is that, at the moment, the loonies are in charge.  They happen to be right wing loonies but as far as my health and that of the rest of the people in the country is concerned, it doesn't matter.  They'll do the same harm to our health regardless of their politics.  Science is based on the best explanation we have given what we know.  It's a great tool because it starts with the assumption that what we know currently is incomplete.  Let's go back to putting the scientists in charge of the scientific stuff.

*Comment 4:*

Once again the R's are belatedly following some of the guidance coming out of the progressive world and claiming it as their own.

*Comment 5:*

We have a president with a Big Mac diet. We have a congress that votes according to their big campaign contributors, anything that happens to restrict processed foods will be minimal window dressing.

*Comment 6:*

Per the title, very soon we will find out Kennedy is not serious, at least when it comes to agribusiness, food manufacturing and marketing. Let's get real. Money will talk and nothing will change. Meanwhile Kennedy will gut scientific research and push an anti vax agenda and Americans will die.

*Comment 7:*

You get all the crazy with RFK Jr. and MAHA. It's not choose your own adventure. While people are off celebrating red dye number 5 being absent from Fruit Loops, they are unraveling our health care system and have put a target on the Autistic community's back. He wants to put my child who is autistic on a registry.  They are increasingly growing more hostile towards the disability community by trying to gut Laws 504 & 509.

They dismantled the DOE, which protected students with disabilities.

RFK Jr. is seeking to upend our entire vaccine program. There are serious consequences to having RFK Jr. and the MAHA movement.

So honestly, who cares about red dye number 5.

*Comment 8:*

It's a mistake to ask or expect Kennedy to be "serious." He is not. He isn't guided by a serious set of policies or principles grounded on the best information and expertise. He is a deeply flawed person led by ill informed conspiracy, biases unfounded in reality, and a sense of aggrievement toward experts and mainstream thought which rejected him as a fringe figure. Also recall that he had suffered cognitive impairment over much of his life, from decades of addiction, exposure to toxic levels of mercury from addictive eating of tuna, and that worm in his brain! His deficits show in his obsession about food dye and processed food while ignoring the much greater adverse impacts of infectious disease and guns on childrens' health. If you find yourself actually listening to what he says, remember that he went out of his way to extol the virtues of beef tallow. Kennedy is the greatest threat to America's public health.

*Comment 9:*

Secretary “Vaccine Sceptic” isn’t so concerned about public health, as he is about telling them what to do. This happens when you give a towering, and uninformed ego, the power to influence peoples lives, in mostly negative ways. A self-taught faddist is not the kind of fellow I listen to. I’ll stay with the real scientists. As for dyes and other crud that is so prevalent in junk food; just eat less of it, and enjoy an apple instead!